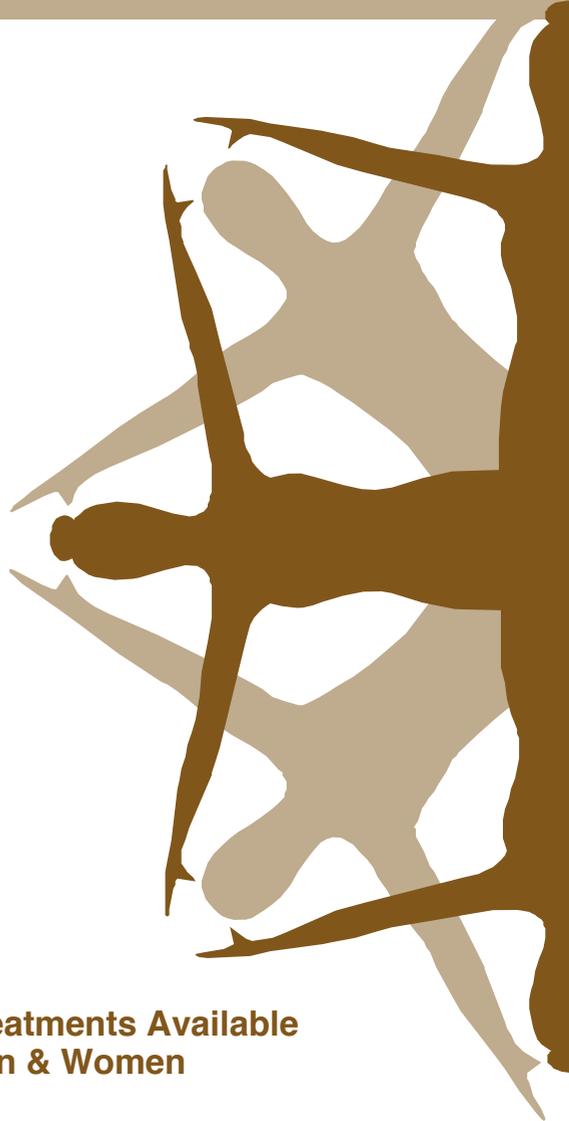




b.o.d.y b.e.a.u.t.y

- Mary Cohr Award Winning Salon • Crystal Clear Elite Uk Salon
- Ellipse Laser Top 10 Uk Salon • Jessica Nails Fellowship Salon
- Gatineau Sapphire Salon



**Specialist Treatments Available
for Men & Women**

Welcome to Body Beauty!

Body Beauty has been established since 1988, and with our extensive knowledge and experience of the industry, we have become a highly recognised and unique salon. We pride ourselves in offering a wide variety of treatments within a warm and friendly environment.

Our aims and objectives are to ensure we maintain the highest professional and ethical standards with our treatments, ensuring that we recruit and train highly professional staff whose ambitions are to exceed client expectations.

Please do not hesitate to ask any member of our team for any specific requirements and needs you may have. We are happy to help with any queries and confidentiality is always assured.

We hope you enjoy your experience at Body Beauty.

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ELLIPSE LIGHT – HAIR REDUCTION

PERMANENT HAIR REDUCTION, FAST, EFFICIENT TREATMENT WITH THE LEADING LIGHT OF IPL SYSTEMS. PROVEN CLINICAL RESULTS!



Consultation and patch test is required.

Hair reduction/skin rejuvenation consultation..... £ 30.00

(Redeemable with first treatment)

	Reduced rate per treatment	Reduced rate for a course of 5	Single Treatment	Total of 5 treatments
Lip	£ 29.00	£ 145.00	£ 40.00	£ 200.00
Lip & Under Lip	£ 47.00	£ 235.00	£ 75.00	£ 375.00
Lip & Chin	£ 54.00	£ 270.00	£ 90.00	£ 450.00
Chin	£ 29.00	£ 145.00	£ 40.00	£ 200.00
Chin & Neck	£ 71.00	£ 355.00	£110.00	£ 550.00
Neck (front or back)	£ 48.00	£ 240.00	£ 65.00	£ 325.00
Sides	£ 35.00	£ 175.00	£ 47.00	£ 235.00
Cheeks & Sides	£ 57.00	£ 285.00	£ 90.00	£ 450.00
Under eyes	£ 30.00	£ 150.00	£ 40.00	£ 200.00
Forehead	£ 47.00	£ 235.00	£ 75.00	£ 375.00
Face or more than 2 Face Areas	£ 82.00	£ 410.00	£125.00	£ 625.00
Under Arms	£ 48.00	£ 240.00	£ 65.00	£ 325.00
Upper Arms	£ 67.20	£ 336.00	£ 89.00	£ 445.00
Lower Arms	£ 75.20	£ 376.00	£ 99.00	£ 495.00
Full Arms	£ 96.00	£ 480.00	£125.00	£ 625.00
Bikini Line (standard)	£ 48.00	£ 240.00	£ 65.00	£ 325.00
Bikini & Under Arms	£ 84.00	£ 420.00	£115.00	£ 575.00
Brazilian (high bikini)	£ 56.00	£ 280.00	£ 75.00	£ 375.00
Brazilian & Under Arms	£ 94.60	£ 473.00	£127.00	£ 635.00
Las Vegas (strip)	£ 67.20	£ 336.00	£ 89.00	£ 445.00
Las Vegas & Under Arms	£105.00	£ 525.00	£140.00	£ 700.00
Hollywood	£ 96.00	£ 480.00	£125.00	£ 625.00
Hollywood & Under Arms	£130.20	£ 651.00	£172.00	£ 860.00
Top Part of Any Bikini	£ 8.00	£ 40.00	£ 10.00	£ 50.00
Full Legs	£156.20	£ 781.00	£204.00	£1020.00
Full Legs & Bikini	£183.78	£ 918.90	£260.10	£1300.50
Full Legs, Bikini & Under Arms	£208.60	£1043.00	£299.70	£1498.50
Full Legs & Brazilian	£190.80	£ 954.00	£269.00	£1345.50
Full Legs, Brazilian & Under Arms	£238.50	£1192.50	£307.80	£1539.00
Full Legs & Las Vegas	£199.80	£ 999.00	£281.70	£1408.50
Full Legs, Las Vegas & Under Arms	£249.30	£1246.50	£319.50	£1597.50
Full Legs & Hollywood	£213.30	£1066.50	£303.30	£1516.50
Full Legs, Hollywood & Under Arms	£260.10	£1300.50	£335.70	£1678.50
Lower Legs	£ 94.00	£ 470.00	£125.00	£ 625.00
Upper Legs	£114.00	£ 570.00	£150.00	£ 750.00
Buttocks	£ 86.00	£ 430.00	£115.00	£ 525.00
Lower Back	£ 91.00	£ 455.00	£145.00	£ 725.00
Full Back	£156.20	£ 781.00	£204.00	£1020.00
Chest	£109.00	£ 545.00	£145.00	£ 725.00
Full Front	£156.20	£ 781.00	£204.00	£1020.00
Bust	£ 61.00	£ 305.00	£ 79.00	£ 395.00
Full Abdomen	£ 89.00	£ 445.00	£120.00	£ 600.00
Half Abdomen	£ 60.20	£ 301.00	£ 84.00	£ 420.00
Centre Line Abdomen	£ 41.00	£ 205.00	£ 60.00	£ 300.00

* 20% - 30% savings on courses booked. All courses to be used within one year.

ELLIPSE LIGHT – SKIN REJUVENATION



Intense pulsed light improves the appearance of skin tone and texture while reducing pore size. IPL can also be used to reduce uneven pigmentation, sun damaged skin and treat high colouring (redness).

Treatment of Sun Damage & Pigmentation Disorders

Single.....	£105.00 / £157.50
Course of 3 recommended (one per month).....	£252.00 / £378.00

Treatment of Skin Renewal/High Colouring (thread veins, broken capillaries, redness)

Single.....	£105.00 / £157.50
Course of 3 recommended (one per month).....	£252.00 / £378.00

ELECTROLYSIS

STEREX

Permanent hair removal using sterex disposable stainless steel needles.
(Gold disposable needles available for sensitive skins)

5 minutes.....	£ 9.50
10 minutes.....	£ 15.00
15 minutes.....	£ 17.00
20 minutes.....	£ 19.00
25 minutes.....	£ 21.00
30 minutes.....	£ 23.00
45 minutes.....	£ 27.00
60 minutes.....	£ 34.00

NON SURGICAL TREATMENTS

Administered by Dr.Kyriacos MB, BCh, BAO, LRCP&SI-NUI, Msc(pr.cardio)

Botox: per area	£120.00
Fillers: From	£250.00
Lip, Marionettes, Nasolabial Folds, Glabella, Cheek Augmentation.	

Light Filling Redensity (Hydrating, Vitamin Injections)

Per Treatment	£200.00
Course of 2 Treatments	£375.00

Vitalise Peel (Intense Chemical Peels)

Per Treatment	£160.00
Course of 3 Treatments	£435.00

Thread Vein Removal (For Facial Area)

Up to 15 minutes.....	£ 40.00
Up to 30 minutes.....	£ 60.00

Skin Tag Removal

Up to 15 minutes	£ 45.00
Up to 30 minutes	£ 60.00

Milia Removal

5 minutes	£ 6.50
10 minutes	£ 11.00
15 minutes	£ 16.00

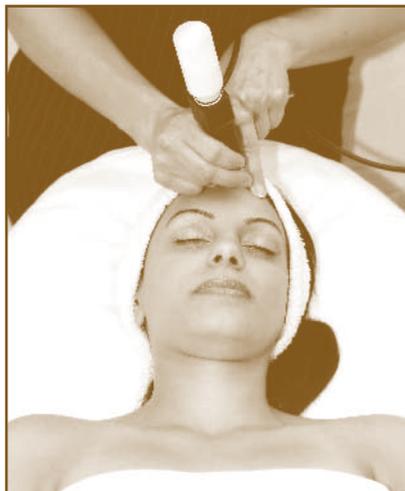
CRYSTAL CLEAR



CRYSTAL CLEAR MICRODERMABRASION

Offers a safe and controlled method of skin resurfacing by gently exfoliating the outer layers of skin. An excellent and progressive solution to open pores, blackheads, pigmentation, blemish scars, acne scars, stretch marks and much more.

The treatment also helps to increase new elastin and collagen fibres, resulting in a firmer texture and the gentle vacuum suction can also achieve an instant lifting effect on tired muscles. The treatment can be used all over the body to assist in the removal of ingrown hairs, congestion, scarring on back areas and also cellulite on the legs.



Face Treatments

MDA (including Massage & Hydrating Mask - 60 minutes)	£ 57.50
Course of 10 treatments.....	£517.50
MDA (Facial Taster - 30 minutes).....	£ 47.00
Course of 10 treatments.....	£423.00
MDA (including Extraction - 75 minutes) Not suitable for sensitive skins	£ 64.00
MDA, Oxygen Therapy (including Extraction - 90 minutes) Not suitable for sensitive skins ...	£ 85.50

Eye Treatment

Designed specifically for the delicate eye area, it helps to smooth lines and wrinkles, creating a brighter younger look.

Smooth Eyes (inc MDA).....	30 mins	£ 31.50
Bright Eyes	15 mins	£ 21.00

Body Treatments

30 minutes Back Shine.....	£ 47.50
45 minutes Smooth Legs.....	£ 57.50

CRYSTAL CLEAR OXYGEN THERAPY

As we age, oxygen levels in the skin cells naturally decrease, leaving the skin less elastic allowing fine lines and wrinkles to appear. Crystal Clear Oxygen Therapy provides the ultimate in skin rejuvenation by replenishing this lost oxygen.

And that's not all; the oxygen serum is packed with active ingredients that help to restructure the skin and visibly plumping out lines and wrinkles. So you'll not only see immediate, visible results, but your treatment will go on working long after you leave, stimulating cell regeneration for a firmer, more youthful look.

Crystal Clear Oxygen Therapy can also help with acne prone skin thanks to the anti-bacterial effect of the serum, reducing the build up of harmful bacteria and reducing potential scarring.



Oxygen Therapy (60 mins)	£ 68.00
Course of 5 Treatments	£306.00
Oxygen Therapy & Microdermabrasion (75 mins)	£ 79.00
Course of 5 Treatments (includes 5 OXYs & 3 MDAs)	£338.00
Oxygen Therapy & Cleansing Facial (75 mins)	£ 73.50
Course of 5 Treatments (includes 5 OXYs & 3 cleanses)	£329.00



CRYSTAL CLEAR

GATINEAU FACIAL TREATMENTS

REJUVENATING FACIALS

Collagen Plumping Facial 60min £49.95

Specifically designed for plumping out lines and wrinkles, this is an ideal facial to rejuvenate and deeply hydrate the skin. Using a 100% marine collagen mask, it provides an express wrinkle smoothing action whilst restoring skin softness and luminosity.

To include facial extraction allow an extra 15 minutes £55.45

Melatogenine 3-Zone Anti-Wrinkle 60min £54.95

A high definition anti-wrinkle treatment combining innovative techniques with highly advanced ingredients to reduce lines and wrinkles providing instant and long-lasting benefits as well as a translucent radiant glow.

To include facial extraction allow an extra 15 minutes £60.45

NEW! Supreme Smoothing Facial 75min £59.95

This advanced 3-zone facial combats the signs of ageing and offers both a targeted wrinkle action and improved firmness. Using the scientifically proven 'youth molecule' together with high tech formulas, this facial is able to transform each area of the face with renewed youth. Lines are smoothed, the face appears firmer and the skin looks radiant and healthy.

To include facial extraction allow an extra 15 minutes £67.00

Age Benefit Complete Resculpting Facial 60min £59.95

A complete anti-ageing facial that redefines the facial contour and leaves the face remodelled as if lifted. Radiance and vitality is restored to the skin and wrinkles are relaxed, visibly smoothed and appear less profound.

NEW! Age Benefit Ultimate Lifting Facial 90min £74.95

The ultimate in skin rejuvenation – this 'highly specialised facial draws on Gatineau's extensive anti-ageing experience and combats all the global signs of ageing. With a sophisticated and precise method this treatment incorporates 3 specific anti-ageing massages together with the application of Gatineau's renowned 'Hormomasque' to provide deep-acting results. Facial features are lifted, vitality is restored and the signs of fatigue are erased.

NEW! Eye Focus 30min £29.95

A perfect solution to target the delicate eye area. This express treatment is perfect for those concerned with first signs of ageing or with puffiness and dark shadows. Focusing on powerful drainage techniques together with Gatineau's advanced anti-ageing formulas, the eyes appear bright with vitality restored whilst the skin is regenerated and smooth.



REBALANCING FACIALS

NEW! Aquamemory Moisture Replenish Facial 60min £39.95

A 'skin quenching' facial designed to deliver intense hydration and boost dull and dehydrated skins. Using powerful 'Osmarporine technology' chosen for its effectiveness in replenishing low moisture levels this treatment immediately leaves the skin feeling soft and smooth whilst strengthening the skin's protective barrier.

Nutriactive Nutri Comfort Facial 60min £39.95

A nourishing and softening treatment designed for dry, flaky skins. Incorporating a nourishing concentrate rich in avocado milk, this facial helps to restore suppleness and energy. The skin is left comfortable, protected and radiant.

Serenite Soothing and Well-Being Facial 60min £39.95

Does your skin appear lifeless, dull and blotchy? This facial has been designed to detoxify and soothe, restoring vitality and well-being. Feel just how soft and comfortable your skin can be!

Serenite Intensive Soothing and Well-Being Facial 60min £49.95

For skins that appear lifeless dull and blotchy this is an ideal facial to detoxify and soothe delicate skins. With a myriad of gentle ingredients designed to strengthen the skin's natural defence system and improve the micro-circulation, this treatment will immediately even skin tone, reduce redness and revive a lacklustre skin.

Clear and Perfect SOS Purifying Facial 60min £39.95

A clear solution for oily skin. This intense, deep-cleansing and purifying facial will eliminate surface dead skin cells that lead to blocked pores, encourage skin oxygenation and reduce the appearance of imperfections. Your skin will be soothed, moisturised and perfectly shine-free.

GATINEAU FACIAL TREATMENTS

RADIANCE REVEALING FACIALS

Radiance Revealing Facial 60min£49.99

Regain the radiance and luminosity to your skin with this powerful vitamin-enriched booster facial. Ideal for skins that have been exposed to environmental stress and the effects of modern living, this powerful treatment, rich in anti-oxidants and vitamin C, visibly brightens and revives skin texture whilst delivering a surge of moisture, leaving it soft and supple.

Expert Peeling Skin Renewal Facial 60min £49.95

A powerful 'resurfacing' treatment designed for all skin types looking to refine skin texture and minimise the signs of ageing to restore a radiant complexion. This facial combines a two-stage exfoliation using advanced yet 'non-invasive' techniques to effectively renew the skin without compromising the integrity.

PRO-CLEANSING AND PRO-LIFTING FACIALS

Pro-Cleansing Facial 1hr 15min £52.00 / Course of 4 £184.00

An effective deep-cleansing facial working into the deeper layers of the skin. Tailor-made for your skin type it consists of 4 phases: deep-cleansing sauna mask, the intensive action of the pro-cleansing machine to rehydrate and balance the skin, a face, neck and shoulder massage with Gatineau's high performance products, then a mask. Recommended monthly.

Pro-Cleansing Facial incl. High Frequency 1hr 30min £55.00

Specifically designed to treat oily, congested acne and blemished skins.

Pro-Lifting Facial 1hr £52.00 / Course of 4 £184.00

The revolutionary facial from Gatineau. A unique lifting treatment that dramatically improves muscle tone and firmness resulting in an immediate effect. Also works on the lymphatic system to reduce puffiness and dark circles. Includes face, neck and shoulder massage. Recommended 1 per week for 4 weeks.

Pro-Cleanse and Lift Facial 1hr 30min £63.00

All the benefits of the Pro-Cleansing Facial combined with the Pro-Lifting Facial. Rebalances and hydrates the skin, tones and firms muscles giving an immediate lifting effect. Includes face, neck and shoulder massage.



FLASH TREATMENTS

Radiance Enhancing Illuminating Flash Facial – 30min	£29.95
To boost, brighten and restore radiance.	
Instant Lifting Tightening Flash Facial – 30min	£29.95
For a youthful complexion and firmer features.	
Perfect Skin Deep-Cleansing Flash Facial – 30min	£29.95
For unbalanced and congested complexions.	
Men's Express Detox Flash Facial – 30min	£29.95
Provides deep-cleansing and skin conditioning.	

FACIAL ADDITIONS

These can be added to any facial to enhance your experience.

Eye Focus	£12.95
To hydrate the eye area.	
Youthful Hands	£9.95
Whilst your mask is developing.	
The hands are one of the most vulnerable areas prone to premature ageing and as such Gatineau have specifically introduced a targeted treatment designed to combat the harmful effects of day to day life. Combining an intense exfoliation to smooth and re-surface the skin together with a relaxing massage, the hands are finally cocooned in gloves with warming capsules to intensively hydrate and soften the skin.	

HOLISTIC TREATMENTS



Hopi Ear Candles

Thermal Auricular Therapy An ancient Indian relaxation ceremony that uses handmade hollow candles to calm the mind, soothe the ears and head. Very helpful for sinuses, nose and throat congestion as it softens and easily removes earwax. While relieving the head of stress and tension helping headache and migraine sufferers.

45 minutes.....	£31.50
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Thermal Auricular Therapy complete with Facial

This luxurious treatment consists of a Face Cleanse, Exfoliation, Ear Treatment, Lymph Drainage Massage, Face Mask and Rehydration.

60 minutes.....	£40.00
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CACI QUANTUM is considered the most advanced face & body treatment system of its kind. It allows you to enjoy the dual benefits of the non-surgical face-lift while at the same time receiving a total body-toning workout.



FACE TREATMENTS

CACI Facial

The world acclaimed non-surgical face lifting treatment is both preventative and corrective, the gently micro current tightens and tones the facial muscles while softening fine lines and wrinkles. It increases the collagen and elastin activity by up to 60% giving your skin an amazing glow.

60 minutes.....	£ 47.00
Course of 10.....(1 free)	£423.00

SUPER CACI Facial

An intensive maintenance CACI facial that allows to concentrate on specific areas of concern.

90 minutes.....	£ 61.50
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CACI Eye

Focuses on the contours of the eyes to help smooth out fine lines and wrinkles, giving an immediate lift.

30 minutes.....	£ 32.50
Course of 10.....(1 free)	£292.50

BODY TREATMENTS

CACI Slimtone (slimming, toning or cellulite programmes)

Modified faradic applications to treat a variety of aesthetic problems successfully: ie cellulite, weight, poor muscle tone etc.

20/30 minutes.....	£ 29.50
Course of 10.....(1 free)	£265.00

CACI Contouring/Conditioning

A specific programme to help tighten, strengthen and lift bust, buttocks & abdominal muscles.

30 minutes.....	£ 29.50
Course of 10.....(1 free)	£265.00

CACI ECM

The powerful electro cellulite massager tackles cellulite, fluid retention and stubborn fatty areas achieving a rapid inch loss and tighter, firmer underlying muscles.

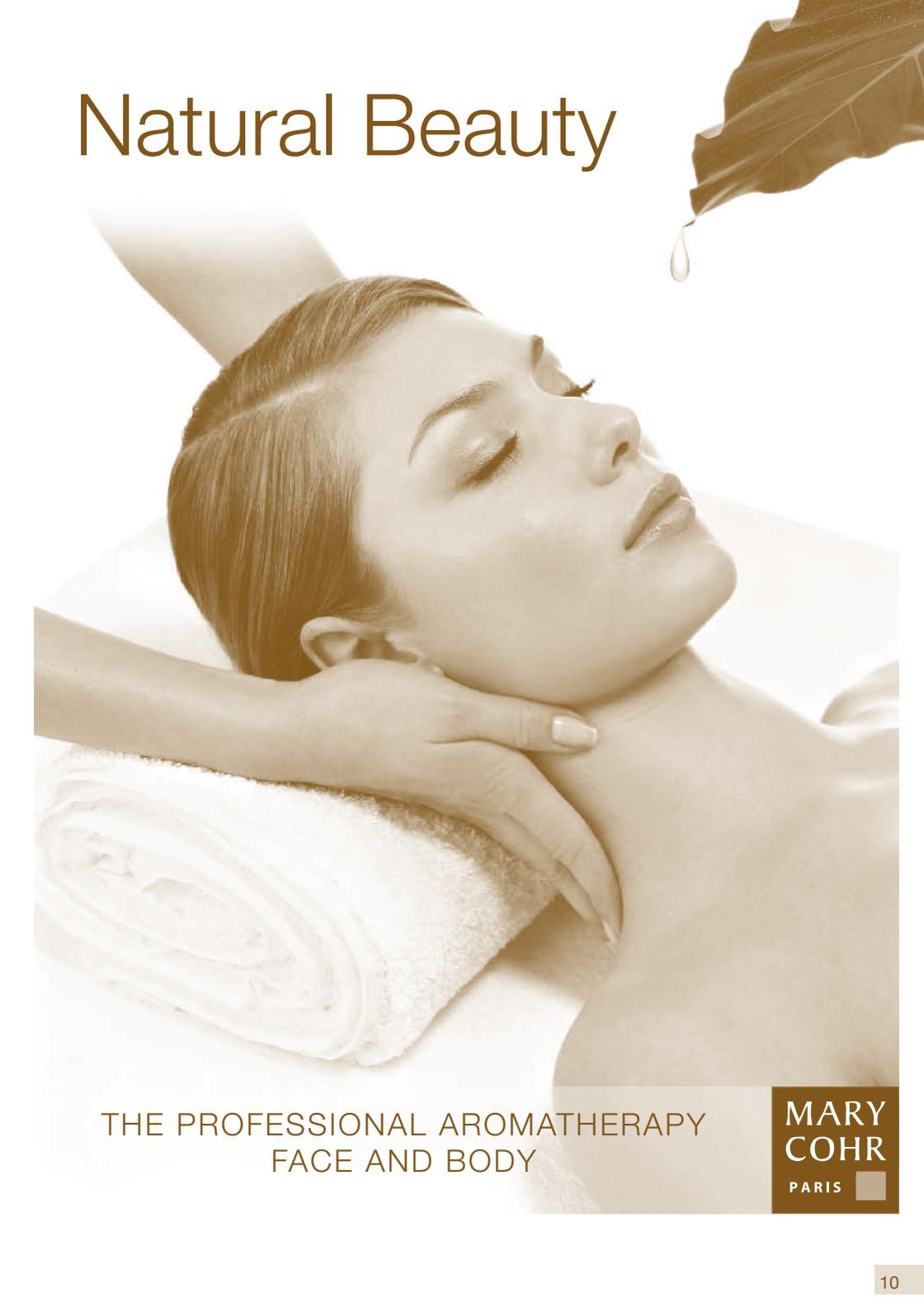
30 minutes.....	£ 29.50
Course of 10.....(1 free)	£265.00

CACI Lymphatic Drainage

Lymphatic drainage treatment is based on internal cleansing and it is a means of improving circulation problems on both body and face. It is highly recommended to treat cellulite, retention of fluid in the legs, bags under the eyes, acne and dry skin conditions. The skin becomes softer, more healthy and younger looking because of the more even distribution of body fluids.

30 minutes.....	£ 31.50
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Natural Beauty

A woman with her eyes closed is lying on a massage table, receiving a neck massage. Her head is resting on a rolled-up white towel. A hand is gently massaging her neck. In the upper right corner, a large, dark leaf is shown with a single drop of oil falling from its tip. The entire scene is bathed in a warm, golden light.

THE PROFESSIONAL AROMATHERAPY
FACE AND BODY

MARY
COHR
PARIS

MARY COHR FACIAL TREATMENTS

Mary Cohr is first position in the aromatherapy exclusive salon circuit and its treatments incorporate the very best in phyto-aromatic skincare to leave your skin looking radiant and revitalised. Every treatment combines essential oils, plant concentrates and specific massage techniques that will leave you feeling relaxed.

Catiovital Facial

A unique tailor made facial that provides an in depth treatment for each skin type. It uses the world famous Catiovital machine with its two exclusive functions: firstly, thermal cleansing, to open the pores and rid them of all impurities and secondly Ionisation, to introduce water soluble serums into the skin leaving it nourished and balanced. The treatment ends with a delightful face, neck and shoulder aromatherapy massage leaving your skin glowing with radiance.

75 minutes..... £ 47.50

Catiovital Pureté Facial

A new Catiovital facial specifically designed to treat oily, congested, acne and blemished skins. The treatment combines the two previous Catiovital machine functions with the added benefits of the high frequency machine. This purifying facial will help to heal as well as soothe and calm the signs of irritation and redness.

90 minutes..... £ 52.00

Catiovital Eye Treatment

Concentrating on the delicate eye area, this intensive treatment will immediately erase dark shadows, reduce puffiness, and soften lines and wrinkles. Incorporating gentle drainage with relaxing massage the eyes appear brighter and the skin looks smooth.

30 minutes..... £ 32.50

Catiovital & Catio Eye Facial

Face and eye treatment designed to instantly deep cleanse and rejuvenate the complexion while erasing signs of fatigue and tiredness around the eyes.

90 minutes..... £ 60.00

Beauté Lifting Facial

The hands-on collagen marine facial uses a thermal heated mask which helps to slow down the signs of premature ageing, reducing fine lines and wrinkles and improving the tone and elasticity of the skin.

60 minutes..... £ 48.00

Catiovital & Beauté Lifting Facial

Combining the benefits of the famous Catiovital machine & the marine collagen mask, your skin will appear firmer and more radiant in appearance after just one treatment.

90 minutes..... £ 63.00

Catiolift Facial

Anti-ageing face and eye treatment designed to instantly drain away puffiness and congestion and to firm and redefine your facial contours. An exclusive lifting treatment that will leave your skin looking radiant and lifted.

50 minutes..... £ 47.00

Course of 6..... £252.50

Catiovital Lift Facial

A combination of the Catiovital and Catiolift facial to give you the dual benefits of deep cleansing and lifting.

90 minutes..... £ 63.00

Catiolift & Beauté Lifting Facial

An effective combination to provide immediate results in the fight against time. This facial will boost skin tone, revitalise and add lift to the facial muscles.

75 minutes..... £ 63.00

Super Catio Beauté Lift Facial

The ultimate advanced facial that combines the Catiovital, Catiolift and Beauté Lifting to help slow down signs of ageing, reduce fine lines and wrinkles and improve your skin tone.

105 minutes..... £ 74.00

Beauté Aromatique Facial

Using 100% natural essential oils and plant concentrates in a deep relaxing massage, this hands-on facial can be adapted to suit your individual skin care concerns: balancing, stimulating, moisturising or revitalising essential oils ensure your complexion is left totally radiant.

45 minutes..... £ 42.00

Beauté Aromatique & Catiolift

Combining the benefits of natural essential oils and plant concentrates with the lifting and contouring benefits of the Catiolift, your skin will appear lifted, firmer and more radiant.

75 minutes..... £ 63.00

Peel & Lift Facial

Skin renewal treatment that combines the benefits of 4 different fruit acids. This hands-on facial will unveil a younger looking skin and will help to regenerate the skin's elasticity in depth, eliminating pigmentation and fading age spots.

45 minutes..... £ 47.00

Course of 4..... £164.50

Phyto Aromatic Deluxe Facial

The absolute heavenly pampering treatment for the face and body. It combines hands on facial with phyto aromatic products and a deep tissue massage from the soles of your feet to the crown of your head to leave you totally destressed and revitalised.

75 minutes..... £ 50.00

90 minutes (with steam & extraction)..... £ 60.00

Essential Facial

Suits those of you that want that little bit more from your facial. While the facial is taking place, your hands and feet are massaged with a hydrating moisturizer and then thermally heated mittens and booties are applied for deeper conditioning and hydration.

60 minutes..... £ 43.00

Specialé Facial

An introductory facial to Mary Cohr aromatherapy skin care. After a cleansing and exfoliating phase, the skin is steamed and freed from comedones and prepared for a relaxing face, neck and shoulder massage. The treatment ends with an eye and face mask.

60 minutes..... £ 39.00

Deep Cleansing Facial

The special facial combined with high frequency provides an antibacterial effect, balancing ph levels and controlling excess sebum levels in oily and problematic skin types.

60 minutes..... £ 39.50

Mini Refreshing Facial

Take a little time out of your routine to give your skin an instant boost. This includes cleansing, exfoliation, steam, extraction and a mask, ideal for teenagers.

45 minutes..... £ 30.00

MARY COHR BODY TREATMENTS

SPA AROMATIQUE

Discover SPA Aromatique, the new body treatment that combines all the attractions of the new Aromatherapy, the brand's true philosophy. This totally personalised treatment is aimed at all women who want to replenish the inner resources and maintain their figure. It is 100% natural and incorporates the effectiveness of essential oils complexes with specific manual massage techniques and body mask for slimming, relaxing or draining result. There is a choice of three treatments to each target specific body concerns:

SPA Aromatique Slimming

This treatment is designed for those looking to contour their figure and reduce the appearance of cellulite. It incorporates full body exfoliation with mango and brown sugar, followed by an anti-cellulite massage with essential oils of grapefruit & mandarin and ends with the application of the slimming elastomasque containing green coffee extract, seaweed and essential oil of grapefruit.

The skin is visibly smoother and contours are more refined.

90 minutes..... £ 52.00

SPA Aromatique Draining

Ideal to treat heavy legs, oedema, bad circulation, visible capillaries and most suited for pregnant ladies. Brown sugar and apricot kernel powder smooth and prepare the skin to a circulation boosting massage with essential oils of rosemary and eucalyptus to help decongest the skin tissue and speed up lymphatic flow. The treatment ends with the application of cotton tights soaked in a combination of pineapple extract and horse chestnut extract to decongest and strengthen the capillaries walls. The legs are visibly slimmer and feel lighter and energised.

70 minutes..... £ 50.50

SPA Aromatique Relaxing and Rehydrating

A wonderfully relaxing treatment that washes away stress and tension and leaves you with a great sense of well being. The papaya extract exfoliating lotion gently removes dead surface cells from the epidermis and prepare your body to a delightful massage with relaxing essences of lavender and marjoram.

A warm essences body mask with essential oil of lavender and trace minerals will tone, firm and detoxify the skin.

90 minutes..... £ 52.00

Body Silk

Enjoy the benefits of Mary Cohr new Aromatherapy concept with this hands on full exfoliation to invigorate and bring vitality to your body, leaving your skin glowing, replenished and flawless. Ideal for pre & post holiday.

30 minutes..... £ 27.50

Specialé Back Cleanse

The treatment will deep cleanse and exfoliate that hard to reach area. It incorporates a Swedish massage with pre-blended aromatherapy oils.

60 minutes..... £ 34.00

Catiovital Back Cleanse

Deep cleansing and invigorating, this back treatment benefits from the ionisation effect of the famous Catiovital machine to introduce water soluble serums into the skin leaving it moisturised, hydrated and balanced. A deep tissue massage will ease away stress and tension leaving you totally relaxed.

75 minutes..... £ 39.00

BODY SLIMMING TREATMENTS

G5 Gyrotory Mechanical Massager

G5 is an effective treatment to target soft & hard fatty areas, cellulite, dry & rough skin texture and muscular tension.

30 minutes.....	£ 21.00
Course of 10.....	£189.00

G5 & Vigorous Hand Massage

60 minutes.....	£ 33.00
Course of 10.....	£297.00

Bellabaci Massage Therapy

Bellabaci massage therapy utilizes scientifically designed medical silicone cups that are hand squeezed to provide a vacuum stimulating the skin and underlying tissue. The cups are effective in treating a myriad of modern day ailments and health problems such as, spider veins, stretch marks, sport injuries, tight, sore muscles, helps with digestive disorders, better circulation, cellulite and varicose veins.

Cupping Massage (i.e. Thigh, Buttocks, Back or Abdomen) 30 mins	£ 20.00
Cupping Massage 60 mins	£ 30.00
Cupping Massage Combined with G5 60 mins	£ 35.00
Cupping Massage Combined with Body Wrap 75 mins	£ 47.00

Body Wrap

Instant inch loss in approximately 75 minutes.

Full Body.....	£ 42.00
Half Wrap.....	£ 31.50

BODY MASSAGE



Traditional massage with pre-blended aromatherapy oils to wash away stress & muscular tension. The massage can be adapted for pregnant mums or anyone intolerant to essential oils using almond or mineral oils.

	HIS / HERS
Full Body & Face 75 minutes.....	£ 50.00 / £ 45.50
Full Body 60 minutes.....	£ 46.50 / £ 43.00
Back, Face, Neck, Shoulders 40 minutes.....	£ 37.00 / £ 34.00
Back, Neck, Shoulders 30 minutes.....	£ 33.00 / £ 29.00
Legs & Buttocks 30 minutes.....	£ 28.00
Additional infrared treatment.....	£ 6.50 / £ 5.50

Warm Bamboo Massage

Enjoy this deep easing treatment, in which Bamboo Canes are heated and moved across the body using specialist techniques to stretch muscles, release tension and bring about a feeling of relaxation and calm.

	HIS / HERS
Full Body & Head Massage 75 minutes	£ 51.00 / £ 48.00
Full Body Massage Neck & Head 60 minutes	£ 47.50 / £ 45.00
Back Massage 40 minutes	£ 38.00 / £ 35.50
Back & Neck Massage 30 minutes.....	£ 34.00 / £ 31.50

MALE SKINCARE TREATMENTS



Catiovital Nature Homme

This revitalising facial treatment combines the effects of essential oils with the unique action of a heated mask. By opening the pores, blackheads are extracted, leaving the skin deeply cleansed, balanced and well nourished.

75 minutes..... £ 49.00

Catiolift Nature Homme

This exclusive lifting treatment targets the face, neck and eye area for visible anti-ageing results after just one session. The Catiolift machine is designed to drain away puffiness, stimulate blood circulation and firm and tone the facial muscles.

50 minutes..... £ 48.00

Catiovital Eye Nature Homme

This intensive treatment immediately erases dark shadows, reduces puffiness and softens lines and wrinkles. Incorporating gentle drainage with relaxing massage, the eyes appear revitalised.

30 minutes..... £ 33.50

Aromatique Nature Homme

This hands-on facial incorporates a relaxing massage with essential oils. A deep cleansing exfoliator is used to remove surfaced dead skin cells and a mask is chosen to suit your specific skin type ensuring your skin is smooth and energised.

45 minutes..... £ 45.00

Spécialé Nature Homme

This cleansing facial uses exfoliation and steam to extract blackheads, whilst preparing the skin for an essential oil massage and suitable mask.

45 minutes (without massage)..... £ 33.00

60 minutes (with massage)..... £ 42.00



MALE WAXING

Chest.....	£ 22.00
Chest & Abdomen.....	£ 31.00
Full Back.....	£ 30.00
Half Back.....	£ 19.00
Full Back & Shoulders.....	£ 36.00
Full Back, Shoulders & Upper Arms.....	£ 48.00
Full Arm.....	£ 26.00
Upper Arm.....	£ 22.00
Lower Arm.....	£ 21.00
Under Arm.....	£ 10.50
Shoulders.....	£ 12.00
Eyebrows.....	£ 9.00
Under Eye Area.....	£ 7.50
Full Leg.....	£ 30.00
Half Leg.....	£ 20.00

MANICURES AND PEDICURES



Whilst having your hand treatment we will pamper you by performing a 20 minute Upper Back, Neck and Shoulder massage.

£10.00

Geleration Gel Polish

Try the new revelation in Gel Polish with the new Jessica Geleration System. This soak-off gel offers strength to your nails and longevity to your manicures, looks like a perfect polish and dries instantly under UV light, therefore, no more waiting for nails to dry.

Hands

Gel colour application	£ 25.00
Gel french application	£ 30.00
Jessica manicure and gel colour	£ 35.50
Jessica manicure and french colour	£ 40.00
Gel Colour Refreshed	£ 20.00
French colour Refreshed	£ 22.00
Builder Gel Application (to give extra strength and to smooth out ridges).....	£ 5.00
Removal of Gel	£ 5.00

Feet

Gel colour application	£ 27.00
Gel french application	£ 32.00
Jessica pedicure and gel colour	£ 45.00
Jessica pedicure and french colour.....	£ 50.50

Jessica Manicures and Pedicures

The Jessica System of natural nail care is based on an approach so different; it works like nothing else can. The Jessica System and its Upscale Nail treatments and products are used and loved by some of the most famous people in the world. Zen Spa Pedicures are more than a pure luxury, they are a vital therapy for the stresses of modern life. Not only does Zen Spa deep clean and exfoliate dull & dry lifeless skin, it will renew your sense of well being.

HIS / HERS

Jessica Manicure.....	£ 24.00 / £ 23.00
Jessica Manicure Deluxe (thermal mittens, hydrating, or cooling mask)	£ 28.00 / £ 27.00
Jessica Manicure Deluxe (paraffin wax).....	£ 30.50 / £ 29.50
Jessica Manicure Deluxe & le Remedi (anti ageing/hydrating treatment)	£ 32.50 / £ 31.50
Jessica Zen Spa Pedicure.....	£ 29.50 / £ 28.50
Jessica Zen Spa Deluxe Pedicure (thermal booties/cooling mask)	£ 32.50 / £ 31.50
Jessica Zen Spa Deluxe Pedicure (paraffin wax)	£ 34.50 / £ 33.50
Express Manicure	£ 17.00 / £ 16.00
Express Pedicure	£ 21.00 / £ 20.00
Hard Skin Removal.....	£ 19.00 / £ 17.00
Re-Polish - file & paint (Hands or Feet)	£ 9.50
Nail Repair	£ 3.00

Please allow ample time for drying and don't forget to bring open toe shoes for pedicures. Disposable foot wear is available on request.

TANNING

Naturasun Airbrushing

Naturasun offers an extensive range of sun spray colours customised to treat all skin types from light to medium and dark. It will give you the safest, flawless natural tan in just 15 minutes.

Full body application (Developes in 12 hours).....(RRP £30.00).....only	£ 21.00
Full body Application (Developes in 3 hours)	£ 25.00
Full body exfoliation (Prior to tan).....	£ 10.50

Ear Piercing

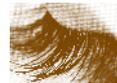
Caflon system sterile disposable studs.

Ear care antiseptic lotion included.....	£ 16.50
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EYE TREATMENTS

Eyebrow wax.....	£ 8.50
Eyebrow threading	£ 8.50
Eyebrow tweeze.....	£ 8.50
Eyebrow tint.....	£ 8.50
Eyelash tint*.....	£ 14.00
Eyebrow & lash tint*.....	£ 20.00

LASH TREATMENTS



Hollywood Lashes

Semi-permanent eyelash extensions. These will give you fabulous natural looking lashes that can last up to three months. Recommended maintenance is every 2/3 weeks. Suitable for everyday wear, ideal for weddings, parties, holidays and special occasions.

Full set of lash extensions.....	£ 79.00
Half Sets.....	£ 49.00
Corner Flicks.....	£ 37.00
Lash Replacements (each)	£ 1.00
In salon lash removal	£ 10.00

Express Hollywood Lashes

Express Eyelash Extensions will last approximately 2 weeks with care. They require no maintenance and look extremely natural.

Full Set Eyelashes	£ 35.00
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Maxim Lashes

Full Set Eyelashes.....	£ 25.50
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Lash Lifting

Eyelash Lift (including eyelash tint)*	£ 42.00
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* A patch test for tinting is required 24 hours prior to treatment.

WAXING

Please refer to General Information for waxing aftercare (page 20)

Full leg.....	£ 23.00
Full leg & bikini line (Standard).....	£ 30.50
Full leg & Brazilian (High Bikini).....	£ 35.00
Full leg & Las Vegas (Strip).....	£ 37.50
Full leg & Hollywood (Full Bikini).....	£ 39.50
Half leg	£ 17.00
Three quarter leg.....	£ 19.50
Thigh.....	£ 18.00
Bikini line (standard).....	£ 12.50
Brazilian (High Bikini).....	£ 16.00
Las Vegas (Strip).....	£ 19.50
Hollywood (Full Bikini).....	£ 22.50
Full Bottom.....	£ 10.50
Middle of bottom.....	£ 6.00
Under-arm.....	£ 9.00
Half arm.....	£ 12.50
Three quarter arm.....	£ 14.00
Full arm.....	£ 17.00
Eye brows.....	£ 8.50
Lip or chin.....	£ 6.00
Lip & Below Lip.....	£ 8.00
Lip, Chin & Eyebrow.....	£ 16.50
Face Wax (inc Eyebrows)	£ 19.50
Sides of Face.....	£ 7.00
Full Abdomen.....	£ 12.00
Half Abdomen.....	£ 9.00
Mid Abdomen.....	£ 6.00
Chest & Abdomen.....	£ 21.00
Chest.....	£ 12.00
Full Back.....	£ 20.00
Half Back.....	£ 11.50
Lower Back.....	£ 6.50

THREADING



Eyebrows.....	£ 8.50
Lip.....	£ 6.00
Upper Lip & Below Lip.....	£ 8.00
Below Lip.....	£ 2.50
Chin.....	£ 6.50
Lip, Chin & Eyebrows.....	£ 16.50
Lip, Chin, Eyebrows & Below Lip.....	£ 17.50
Sides of Face.....	£ 7.00
Sides of Face & Cheeks.....	£ 8.00
Neck Area.....	£ 7.50 / £ 9.50
Forehead.....	£ 7.50
Full Face (No Eyebrows).....	£ 17.00
Full Face (including Eyebrows).....	£ 21.00

PICK ANY TWO TREATMENTS FROM BELOW FOR JUST £40.00

FLASH FACIAL - £29.95

BACK MASSAGE 30MINS - £29.00

FULL BODY EXFOLIATION - £27.50

THERMAL AURICULAR THERAPY - £31.50



BODY BEAUTY DAY PACKAGES

Take a look at our beauty packages, an ideal gift for that special someone!!!
Choose from our Bronze, Silver and Gold packages.

Bronze Package £74.00

- Mini Refreshing Facial
- 30 Minutes Back massage
- Hand Re-varnish
- Toe Re-varnish
(approx 1 hr 45 mins)

Silver Package £98.50

- Speciale Facial
- Body Silk
- Hopi Ear Candle
- Hand Re-varnish
(approx 2 hrs 30 mins)

Gold Package £125.00

- 40 minutes Back, Neck and Shoulder Massage
- Catiovital Facial
- Jessica Aroma Spa Pedicure
- Jessica Aroma Spa Deluxe Manicure
(approx 4 hrs)

CHILDREN'S PARTIES & HEN DAYS

Please enquire about our special packages for children's parties and hen nights.

GIFT VOUCHERS

We offer both monetary and treatment gift vouchers ideal for all special occasions including Birthdays, Mother's/Father's Day, Anniversaries, Valentine's Day and Christmas.

GENERAL INFORMATION

TREATMENTS

All treatment times are approximate and include preparation, consultation and relaxation. In order to make the most of your visit, please ensure that you arrive 5 minutes prior to your appointment time in order to record your needs and details.

Any late arrivals may result in having the treatment time reduced, as a courtesy to other clients whose treatment follows yours. Unfortunately reduced treatments will still be charged the full amount.

Please inform us if you are pregnant, breast feeding or suffer from any medical conditions or illnesses that may be relevant to your treatment.

DEPOSITS

A 50% deposit of the treatment booked is required for your first appointment to the salon in order to secure your booking.

CARD PAYMENTS

All major Credit Cards / American Express / Debit Cards accepted. There will be a 3% charge applied to all Credit cards.

CANCELLATIONS

Please note that we kindly request a minimum of 24 hours notice prior to your appointment for changes or cancellations to any treatments or courses booked otherwise a 50% fee will be incurred.

COMPLAINTS

Whilst we do not anticipate you will have the need to complain, in the unlikely event that there are any service issues please contact Soti Antoniou who supervises and manages the salon on a daily basis. She will make sure that your complaint is dealt with. A copy of our full complaints policy is available on request.

HAIR EPILATION AFTERCARE

Listed, are a few aftercare precautions we recommend you follow:

- Avoid sunbathing, sun-beds or heat treatments and very hot baths for 36 hours (only use lukewarm water).
- Avoid swimming for 36 hours.
- Avoid friction caused by wearing tight clothing or nylon material.
- Avoid using perfumed products, such as body lotions or creams.
- Avoid using deodorant for 24 hours.
- Avoid using make-up for 24 hours.
- Avoid touching the waxed area with your hands.

Hours of Business

Mondays	CLOSED
Tuesdays	10.00 am – 8.00 pm
Wednesdays	09.00 am – 8.00 pm
Thursdays	09.00 am – 8.00 pm
Fridays	09.00 am – 8.00 pm
Saturdays	09.00 am – 6.00 pm
Sundays	09.30 am – 6.00 pm



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