

BODY  BEAUTY

**Specialist Treatments Available for Men & Women**

## *Welcome to Body Beauty!*

Body Beauty has been established since 1988, and with our extensive knowledge and experience of the industry, we have become a highly recognised and unique salon. We pride ourselves in offering a wide variety of treatments within a warm and friendly environment.

Our aims and objectives are to ensure we maintain the highest professional and ethical standards with our treatments, ensuring that we recruit and train highly professional staff whose ambitions are to exceed client expectations.

Please do not hesitate to ask any member of our team for any specific requirements and needs you may have. We are happy to help with any queries and confidentiality is always assured.

We hope you enjoy your experience at Body Beauty.



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# ELLIPSE LIGHT – HAIR REDUCTION

PERMANENT HAIR REDUCTION, FAST, EFFICIENT TREATMENT WITH THE LEADING LIGHT OF IPL SYSTEMS. PROVEN CLINICAL RESULTS!



Consultation and patch test is required.

Hair reduction/skin rejuvenation consultation (Redeemable with first treatment) ..... £ 30.00

<b>Small Area £35.00</b>	<b>Medium Area £50.00</b>	<b>Large Area £80.00</b>	<b>Extra Large Area £149.00</b>
Lip	Chin & Neck	Full Face	Full Leg
Chin	Chest	Full Arm	Full Back & Shoulders
Cheeks	Forearms	Lower Leg	Full Chest & Abdomen
Sides of Face	Upper Arms	Thigh	
Under Eyes	Lower Back	Brazilian (High Bikini)	
Neck	Upper Back	Las Vegas (Strip)	
Centre Brow	Shoulders	Hollywood (Full Bikini)	
Under Arm	Full Abdomen		
Top Part of Bikini	Full Bottom		
Mid Bottom	Bikini Line (standard)		
Hands & Fingers			
Feet & Toes			
Mid Abdomen			

**Have 5 treatments get No.6 free**

# ELLIPSE LIGHT – SKIN REJUVENATION



Intense pulsed light improves the appearance of skin tone and texture while reducing pore size. IPL can also be used to reduce uneven pigmentation, sun damaged skin and treat high colouring (redness).

## Treatment of Sun Damage & Pigmentation Disorders

Single..... £105.00      Course of 3 recommended (one per month) ..... £ 252.00

## Treatment of Skin Renewal/High Colouring (thread veins, broken capillaries, redness)

Single..... £105.00      Course of 3 recommended (one per month) ..... £ 252.00

# ELECTROLYSIS



Permanent hair removal using sterex disposable stainless steel needles.  
(Gold disposable needles available for sensitive skins)

5 minutes..... £ 11.50  
 10 minutes..... £ 17.00  
 15 minutes..... £ 19.00  
 20 minutes..... £ 21.00  
 25 minutes..... £ 23.00  
 30 minutes..... £ 25.00  
 45 minutes..... £ 29.00  
 60 minutes..... £ 36.00

## Thread Vein Removal (For Facial Area only)

up to 15 minutes..... £ 50.00  
 up to 30 minutes..... £ 65.00

## Skin Tag Removal

up to 15 minutes..... £ 50.00  
 up to 30 minutes..... £ 65.00

## Milia Removal

5 minutes..... £ 7.50  
 10 minutes..... £ 13.00  
 15 minutes..... £ 19.00

# NON SURGICAL TREATMENTS

Administered by Dr.Kyriacos MB, BCh, BAO, LRCP&SI-NUI, Msc(pr.cardio)

**Botox:** One Area £135.00 / Two Areas £235.00 / Three Areas £315.00

Glabella, Crows Feet, Forehead.

Botox for excessive sweating-Hyperhidrosis: Under Arms £350.00 / Palms £375.00

**Jawline Shape (First Injection):** ..... £ 385.00

A second 'top up' injection is sometimes needed after two months ..... £ 295.00

Free top up only after 2 weeks and only for upper face expression lines (glabella, forehead and crowsfeet)

**Juvederm Fillers:** ..... From £ 250.00

Lip, Marionettes, Nasolabial Folds, Glabella, Cheek Augmentation.

**The Perfect Liquid Fix:** ..... From £800.00

The 8-Point Lift will target 8 key strategic areas and lift the skin. The results can be seen immediately.

The 8 strategic areas include:

**Area 1+2** - Cheek Bone/structure **Area 3** -Tear Trough/midface **Area 4** - Nasolabial Folds

**Area 5** - Marionette Lines/mouth corners **Area 6** - Pre-Jowl area **Area 7**-Jawline **Area 8** - Lower Cheek

**Skin Rejuvenation Juvederm Volite:** ..... (1ml) £180.00

This is a low concentrate Hyaluronic acid introduced directly into the skin with a number of fine injections.

Its purpose is to improve the skins quality, hydration and elasticity. Face, Tear Troughs, Pre Orbital,

Décolletage and Back of Hands can be treated.

## Medical Chemical Skin Peels:

The Enerpeel skin peel does not peel, it remodels. It delivers treatment deep into the skin, remodeling without excessive exfoliation and surface trauma.

Enerpeel Salicylic Acid - For Active Acne ..... £ 150.00

Enerpeel Pyruvic Acid - Anti-Aging and Oily Skins ..... £ 200.00

Enerpeel Jesner (Med) - Pigmentation, Oily Skin and Open Pores . ..... £ 180.00

Enerpeel Mandelic (Light) Summertime Peel-Rosacea, Thread Veins, Sensitive Skins ..... £ 150.00

Enerpeel TAC LP 25% ..... £ 270.00

TCA Strong 40% - (Severe) Anti Aging ..... £ 325.00

Enerpeel EL - (Eyes+Lips) Dark circles, Smokers Lines ..... £ 360.00

Enerpeel SA -Chest + Back ..... £ 180.00

For maximum results we recommend a course of 3 (20%off)

## OBAGI

OBAGI Blue Peel Radiance ..... £ 180.00 or £ 360.00 for 3

This is a super facial chemical peel that is appropriate for all skin types. It is quick, easy and gives excellent results.

OBAGI Blue Peel ..... £ 450.00

This is a medical depth chemical peel including TCA (Trichloroacetic Acid)

**Micro-Needling With Derma™** £ 169.00 per treat/per area. Course of 3 £ 445.00

### How does Derma FNS™ Work?

The Derma FNS™ uses vertical insertions to create thousands of tiny holes in the skin causing the release of serum growth factors which stimulate the breakdown of old fibrous collagen and stimulate new collagen and elastin development. This results in small injuries to the skin that are not noticeable. The skin then begins a wound healing response and as a result increases collagen and elastin improving skin appearance: • **Skin tightening, lifting and rejuvenating** • **Acne scars and wound healing**

• **Improving wrinkles and fine lines** • **Minimising pore size** • **Improving stretch marks** • **Treating alopecia.**

# CRYSTAL CLEAR



## CRYSTAL CLEAR MICRODERMABRASION

Offers a safe and controlled method of skin resurfacing by gently exfoliating the outer layers of skin. An excellent and progressive solution to open pores, blackheads, pigmentation, blemish scars, acne scars, stretch marks and much more.

The treatment also helps to increase new elastin and collagen fibres, resulting in a firmer texture and the gentle vacuum suction can also achieve an instant lifting effect on tired muscles. The treatment can be used all over the body to assist in the removal of ingrown hairs, congestion, scarring on back areas and also cellulite on the legs.



### Face Treatments

MDA (including Massage & Hydrating Mask - 60 minutes) rec 1 per week .....	£ 61.50
Course of 10 treatments.....	£553.50
MDA (including Extraction - 1hr 15min) Not suitable for sensitive skins .....	£ 68.50
MDA, Oxygen Therapy (including Extraction - 90 minutes) Not suitable for sensitive skins ...	£ 89.00

### Eye Treatment

Designed specifically for the delicate eye area, it helps to smooth lines and wrinkles, creating a brighter younger look.

Smooth Eyes (inc MDA).....	30 mins	£ 31.50
Bright Eyes .....	15 mins	£ 21.00

### Body Treatments

30 minutes Back Shine (To help with Dry Skin & BlackHeads) .....	£ 52.00
45 minutes Smooth Legs (To help with Ingrowing Hair & Dry Skin) .....	£ 57.50

## CRYSTAL CLEAR OXYGEN THERAPY

As we age, oxygen levels in the skin cells naturally decrease, leaving the skin less elastic allowing fine lines and wrinkles to appear. Crystal Clear Oxygen Therapy provides the ultimate in skin rejuvenation by replenishing this lost oxygen.

And that's not all; the oxygen serum is packed with active ingredients that help to restructure the skin and visibly plumping out lines and wrinkles. So you'll not only see immediate, visible results, but your treatment will go on working long after you leave, stimulating cell regeneration for a firmer, more youthful look.

Crystal Clear Oxygen Therapy can also help with acne prone skin thanks to the anti-bacterial effect of the serum, reducing the build up of harmful bacteria and reducing potential scarring.



Oxygen Therapy (60 mins) rec 2 per week .....	£ 69.00
Course of 5 Treatments .....	£310.50
Oxygen Therapy & Microdermabrasion (1hr 15mins) .....	£ 80.00
Course of 5 Treatments (includes 5 OXYs & 3 MDAs) .....	£343.00
Oxygen Therapy & Cleansing Facial (1hr 15mins) .....	£ 75.00
Course of 5 Treatments (includes 5 OXYs & 3 cleanses) .....	£331.50



CRYSTAL CLEAR

# GATINEAU FACIAL TREATMENTS

## REJUVENATING EXPERT FACIALS

Gatineau's 60-minute skin solution facials use high-performance products and precise movements to give visible results that last. Designed with client well-being as a priority, all our Essential Facials feature a relaxation ritual and a soothing massage to the face, shoulders and hands.

**Collagen Plumping Expert Facial** 1hr..... £ 59.95  
Including Extraction 1hr 15mins £ 67.95

Treat your skin with this exclusive wrinkle-cure facial designed to diminish lines and wrinkles. Using our 100% marine collagen mask, this treatment smooths the skin, boosts elasticity and restores luminosity for an instantly younger-looking you.

**Advanced Smoothing Expert Facial** 1hr..... £ 69.95  
Including Extraction 1hr 15mins £ 74.95

Targeting lines and wrinkles, this energising facial plumps and smooths the skin. Using Gatineau's exclusive youth activating molecule, Mélatogénine, combined with our anti-fatigue Filmomasque, this treatment recharges tired skin, restores radiance and smooths fine lines and wrinkles.

**Instant Lifting Expert Facial** 1hr..... £69.95  
Including Extraction 1hr 15mins £74.95

This facial targets the visible signs of ageing for younger, firmer, smoother looking skin. Using Gatineau's ultra-concentrated Defi Lift 3D 'Lift' Mask, together with sculpting wands, skin is lifted and firmed and the complexion is brightened for a noticeably younger appearance.

**Anti-ageing Premium Expert Facial** 1hr..... £ 74.95  
Including Extraction 1hr 30 mins £ 84.95

Our most luxurious and comprehensive anti-ageing facial, this rejuvenating treatment uses Gatineau's renowned techniques to deliver instant and long-lasting results. Puffiness is reduced restoring definition to the face whilst the signs of fatigue are erased and vitality is restored.

**Eye Focus** 30mins..... £ 35.75

A perfect solution to target the delicate eye area. This express treatment is perfect for those concerned with first signs of ageing or with puffiness and dark shadows. Focusing on powerful drainage techniques together with Gatineau's advanced anti-ageing formulas, the eyes appear bright with vitality restored whilst the skin is regenerated and smooth.

## REBALANCING ESSENTIAL FACIALS

Gatineau's 60-minute skin solution facials use high-performance products and precise movements to give visible results that last. Designed with client well-being as a priority, all our Essential Facials feature a relaxation ritual, a soothing massage to the face, shoulders and hands and extraction if you wish.

### **Aquamemory Essential Facial** 1hr ..... £ 48.00

Restore comfort to your skin with this soothing facial designed to hydrate, strengthen and protect. Using powerful Osmaporine Technology to replenish low moisture levels, this treatment leaves your skin soft and smooth with a healthy-looking glow.

### **Detox and Purify Essential Facial** 1hr ..... £ 48.00

The perfect facial to rebalance combination or oily skin. This deep cleansing treatment uses naturally decongesting and soothing ingredients to unblock pores, reduce surface imperfections and refine the skin's texture for a fresh, clear and perfectly shine-free complexion.

### **Serenite Soothing and Well-Being Facial** 1hr ..... £ 56.00

Does your skin appear lifeless, dull and blotchy? This facial has been designed to detoxify and soothe, restoring vitality and well-being. Feel just how soft and comfortable your skin can be!

### **Anti-ageing Essential Facial** 1hr ..... £ 48.00

A restorative facial designed to instantly smooth, soften and plump the skin. Packed with advanced anti-oxidants, this highly effective treatment protects and regenerates, restoring a youthful radiance to the skin.



# GATINEAU FACIAL TREATMENTS

## RADIANCE REVEALING FACIALS

**Healthy Glow Expert Facial** 1hr ..... £ 59.95  
Including Extraction 1hr 15min ..... £ 67.00

Recharge and detoxify dull, tired and environmentally damaged skin. Incorporating a cocktail of anti-oxidants and revitalising plant extracts skin recovers a healthy glow whilst lines and wrinkles are smoothed and pores are tightened. The complexion is left feeling soft, supple and deeply hydrated.

**Even Skin Tone Expert Facial** 1hr ..... £ 62.50

This intensive skin lightening treatment improves an uneven skin tone and diminishes pigmentation flaws. Incorporating Gatineau's exclusive Whitening Complex, this advanced prescriptive facial deeply cleanses the skin, refining its texture and promoting an even, flawless and youthful complexion.

## PRO-CLEANSING AND PRO-LIFTING FACIALS

**Pro-Cleansing Facial** 1hr 15min ..... £ 59.95

An effective deep-cleansing facial working into the deeper layers of the skin. Tailor-made for your skin type it consists of 4 phases: deep-cleansing sauna mask or steam, the intensive action of the pro-cleansing machine to rehydrate and balance the skin, a face, neck and shoulder massage with Gatineau's high performance products, then a mask. Recommended monthly.

**Pro-Cleansing Facial** incl. High Frequency 1hr 30min ..... £ 66.95

Specifically designed to treat oily, congested acne and blemished skins.

**Pro-Lifting Facial** 1hr ..... £ 59.95 / Course of 4 £ 209.80

The revolutionary facial from Gatineau. A unique lifting treatment that dramatically improves muscle tone and firmness resulting in an immediate effect. Also works on the lymphatic system to reduce puffiness and dark circles. Includes face, neck and shoulder massage. Recommended 1 per week for 4 weeks.

**Pro-Cleanse and Lift Facial** 1hr 30min ..... £ 69.95

All the benefits of the Pro-Cleansing Facial combined with the Pro-Lifting Facial. Rebalances and hydrates the skin, tones and firms muscles giving an immediate lifting effect. Includes face, neck and shoulder massage.

**FLASH TREATMENTS**

**Radiance Enhancing Illuminating Flash Facial** – 30min ..... £ 25.00

To boost, brighten and restore radiance.

**Instant Lifting Tightening Flash Facial** – 30min ..... £ 25.00

For a youthful complexion and firmer features.

**Perfect Skin Deep-Cleansing Flash Facial** – 30min ..... £ 25.00

For unbalanced and congested complexions.

**Men’s Express Detox Flash Facial** – 30min ..... £ 25.00

Provides deep-cleansing and skin conditioning.

**FACIAL ADDITIONS**

These can be added to any facial to enhance your experience.

**Eye Focus** ..... £ 14.95

To hydrate the eye area.

**Youthful Hands** ..... £ 11.95

Whilst your mask is developing.

The hands are one of the most vulnerable areas prone to premature ageing and as such Gatineau have specifically introduced a targeted treatment designed to combat the harmful effects of day to day life. Combining an intense exfoliation to smooth and re-surface the skin together with a relaxing massage, the hands are finally cocooned in gloves with warming capsules to intensively hydrate and soften the skin.



# HOLISTIC TREATMENTS



## HOPI EAR CANDLES

**Thermal Auricular Therapy** An ancient Indian relaxation ceremony that uses handmade hollow candles to calm the mind, soothe the ears and head. Very helpful for sinuses, nose and throat congestion as it softens and easily removes earwax. While relieving the head of stress and tension helping headache and migrane sufferers.

45 minutes..... £ 39.50

### **Thermal Auricular Therapy complete with Facial**

This luxurious treatment consists of a Face Cleanse, Exfoliation, Ear Treatment, Lymph Drainage Massage, Face Mask and Rehydration.

60 minutes..... £ 47.50

## AYURVEDIC FACIALS

### **Mukha Abhyanga Facial**

The Ayurvedic Facial focuses on the Marma Points (the body's energy points) promoting balance in the body and stimulating blood circulation and lymphatic drainage. The marma points massage acts as a natural lift, helping to tone cheeks and reduces fine lines.

This form of therapy has been widely used in India for thousand of years and now is very popular in the western world.

This Facial involves a double cleanse, exfoliation, (steam and extraction if preferred) followed by a relaxing marma point massage on the face, neck and shoulder. We will also incorporate a marma point foot and hand massage to compliment the facial, apply a face mask suitable for your skin type and finish off with face and eye moisturising. 1hr ..... £ 51.50

### **Kansa Facial (pronounced cun-sa)**

This Ayuredic facial consists of a thorough cleanse, tone, exfoliation, (steam and extraction if preferred) a specialised face massage using the Kansa Wand which is made of a healing metal surface that helps to instantly lift and brighten the skin helping to drain away face stress and tension

1hr ..... £ 49.95



## RADIATING DE-STRESSING DETOXING AND INSTANT LIFTING



CACI QUANTUM is considered the most advanced face & body treatment system of its kind. It allows you to enjoy the dual benefits of the non-surgical face-lift while at the same time receiving a total body-toning workout. 2/3 Treatment are recommended per week.



## FACE TREATMENTS

### CACI Facial

The world acclaimed non-surgical face lifting treatment is both preventative and corrective, the gently micro current tightens and tones the facial muscles while softening fine lines and wrinkles. It increases the collagen and elastin activity by up to 60% giving your skin an amazing glow and instant results.

60 minutes.....	£ 50.00
Course of 10.....(1 free)	£450.00

### SUPER CACI Facial

An intensive maintenance CACI facial that allows to concentrate on specific areas of concern.

90 minutes.....	£ 70.00
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### CACI Eye

Focuses on the contours of the eyes to help smooth out fine lines and wrinkles, giving an immediate lift.

30 minutes.....	£ 35.50
Course of 10.....(1 free)	£319.50

## BODY TREATMENTS

### CACI Slimtone (slimming, toning or cellulite programmes)

Modified faradic applications to treat a variety of aesthetic problems successfully: ie cellulite, weight, poor muscle tone etc Recommended 2/3 per week.

20/30 minutes.....	£ 31.50
Course of 10.....(1 free)	£283.50

### CACI Contouring/Conditioning

A specific programme to help tighten, strengthen and lift bust, buttocks & abdominal muscles.

30 minutes.....	£ 31.50
Course of 10.....(1 free)	£283.50

### CACI ECM

The powerful electro cellulite massager tackles cellulite, fluid retention and stubborn fatty areas achieving a rapid inch loss and tighter, firmer underlying muscles.

30 minutes.....	£ 31.50
Course of 10.....(1 free)	£283.50

### CACI Lymphatic Drainage

Lymphatic drainage treatment is based on internal cleansing and it is a means of improving circulation problems on both body and face. It is highly recommended to treat cellulite, retention of fluid in the legs, bags under the eyes, acne and dry skin conditions. The skin becomes softer, more healthy and younger looking because of the more even distribution of body fluids.

30 minutes.....	£ 33.50
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# MARY COHR FACIAL TREATMENTS

Mary Cohr is first position in the aromatherapy exclusive salon circuit and its treatments incorporate the very best in phyto-aromatic skincare to leave your skin looking radiant and revitalised. Every treatment combines essential oils, plant concentrates and specific massage techniques that will leave you feeling relaxed.

## Catiovital Facial

A unique tailor made facial that provides an in depth treatment for each skin type. It uses the world famous Catiovital machine with its two exclusive functions: firstly, thermal cleansing, to open the pores and rid them of all impurities and secondly Ionisation, to introduce water soluble serums into the skin leaving it nourished and balanced. The treatment ends with a delightful face, neck and shoulder aromatherapy massage leaving your skin glowing with radiance.

1hr 15 minutes..... £ 54.95

## Catiovital Pureté Facial

A new Catiovital facial specifically designed to treat oily, congested, acne and blemished skins. The treatment combines the two previous Catiovital machine functions with the added benefits of the high frequency machine. This purifying facial will help to heal as well as soothe and calm the signs of irritation and redness.

1hr 30 minutes..... £ 61.95

## Catiovital Eye Treatment

Concentrating on the delicate eye area, this intensive treatment will immediately erase dark shadows, reduce puffiness, and soften lines and wrinkles. Incorporating gentle drainage with relaxing massage the eyes appear brighter and the skin looks smooth.

1hr 30 minutes..... £ 37.95

## Catiovital & Catio Eye Facial

Face and eye treatment designed to instantly deep cleanse and rejuvenate the complexion while erasing signs of fatigue and tiredness around the eyes.

1hr 30min ..... £ 67.45

## Beauté Lifting Facial

The hands-on collagen marine facial uses a thermal heated mask which helps to slow down the signs of premature ageing, reducing fine lines and wrinkles and improving the tone and elasticity of the skin.

1hr ..... £ 55.45

## Catiovital & Beauté Lifting Facial

Combining the benefits of the famous Catiovital machine & the marine collagen mask, your skin will appear firmer and more radiant in appearance after just one treatment.

1hr 30 minutes..... £ 70.45

## Catiolift Facial

Anti-ageing face and eye treatment designed to instantly drain away puffiness and congestion and to firm and redefine your facial contours. An exclusive lifting treatment that will leave your skin looking radiant and lifted.

50 minutes..... £ 54.45

Course of 6..... £299.75

## Catiovital Lift Facial

A combination of the Catiovital and Catiolift facial to give you the dual benefits of deep cleansing and lifting.

1hr 30 minutes..... £ 70.45

## Catiolift & Beauté Lifting Facial

An effective combination to provide immediate results in the fight against time. This facial will boost skin tone, revitalise and add lift to the facial muscles.

1hr 15 minutes..... £ 70.45

## Super Catio Beauté Lift Facial

The ultimate advanced facial that combines the Catiovital, Catiolift and Beauté Lifting to help slow down signs of ageing, reduce fine lines and wrinkles and improve your skin tone.

1hr 45 minutes..... £ 83.00

## Beauté Aromatique Facial

Using 100% natural essential oils and plant concentrates in a deep relaxing massage, this hands-on facial can be adapted to suit your individual skin care concerns: balancing, stimulating, moisturising or revitalising essential oils ensure your complexion is left totally radiant.

45 minutes..... £ 48.50

## Beauté Aromatique & Catiolift

Combining the benefits of natural essential oils and plant concentrates with the lifting and contouring benefits of the Catiolift, your skin will appear lifted, firmer and more radiant.

1hr 15minutes..... £ 70.45

## Peel & Lift Facial

Skin renewal treatment that combines the benefits of 4 different fruit acids. This hands-on facial will unveil a younger looking skin and will help to regenerate the skin's elasticity in depth, eliminating pigmentation and fading age spots.

45 minutes ..... £ 53.00

## Phyto Aromatic Deluxe Facial

The absolute heavenly pampering treatment for the face and body. It combines hands on facial with phyto aromatic products and a deep tissue massage from the soles of your feet to the crown of your head to leave you totally distressed and revitalised.

1hr 15 minutes..... £ 59.95

1hr 30 minutes (with steam & extraction) ..... £ 65.50

## Essential Facial

Suits those of you that want that little bit more from your facial. While the facial is taking place, your hands and feet are massaged with a hydrating moisturizer and then thermally heated mittens and booties are applied for deeper conditioning and hydration.

1hr ..... £ 54.45

## Specialé Facial

An introductory facial to Mary Cohr aromatherapy skin care. After a cleansing and exfoliating phase, the skin is steamed and freed from comedones and prepared for a relaxing face, neck and shoulder massage. The treatment ends with an eye and face mask.

1hr ..... £ 46.95

## Deep Cleansing Facial

The special facial combined with high frequency provides an antibacterial effect, balancing ph levels and controlling excess sebum levels in oily and problematic skin types.

1hr ..... £ 47.95

## Mini Refreshing Facial

Take a little time out of your routine to give your skin an instant boost. This includes cleansing, exfoliation, steam, extraction and a mask, ideal for teenagers.

45 minutes..... £ 36.95

# BODY TREATMENTS

## Specialé Back Cleanse

The treatment will deep cleanse and exfoliate that hard to reach area. It incorporates a Swedish massage with pre-blended aromatherapy oils.

1hr ..... £ 40.00

## Catiovital Back Cleanse

Deep cleansing and invigorating, this back treatment benefits from the ionisation effect of the famous Catiovital machine to introduce water soluble serums into the skin leaving it moisturised, hydrated and balanced. A deep tissue massage will ease away stress and tension leaving you totally relaxed.

1hr 15 minutes ..... £ 45.00

## SPA AROMATIQUE

Discover SPA Aromatique, the new body treatment that combines all the attractions of the new Aromatherapy, the brand's true philosophy. This totally personalised treatment is aimed at all women who want to replenish the inner resources and maintain their figure. It is 100% natural and incorporates the effectiveness of essential oils complexes with specific manual massage techniques and body mask for slimming, relaxing or draining result. There is a choice of three treatments to each target specific body concerns:

### SPA Aromatique Slimming / Relaxing and Rehydrating

This treatment is designed for those looking to contour their figure and reduce the appearance of cellulite. It incorporates full body exfoliation with mango and brown sugar, followed by an anti-cellulite massage with essential oils of grapefruit & mandarin and ends with the application of the slimming elastomasque containing green coffee extract, seaweed and essential oil of grapefruit.

The skin is visibly smoother and contours are more refined.

1hr. 15 minutes..... £ 59.00

### Body Silk

Enjoy the benefits of Mary Cohr new Aromatherapy concept with this hands on full exfoliation to invigorate and bring vitality to your body, leaving your skin glowing, replenished and flawless. Ideal for pre & post holiday.

30 minutes..... £ 31.00

# PURE INDULGENCE TREATMENTS

**Pure Indulgence Facial** 40 minutes ..... £ 45.00

Involves facial double cleanse, exfoliate, concentrate massage, double mask and moisturization.

**Pure Indulgence Back Treatment** 25 minutes ..... £ 35.00

Involves back cleanse, scrub, dry towel buff and Hot oil massage.

**Pure Indulgence Package** 1hr 10 minutes ..... £ 60.00

A bliss full combination of the Pure Indulgence Facial and Back Treatment.

**Pure Indulgence Absolute Relaxing Massage** 1hr 15 minutes ..... £ 55.00

This all-encompassing treatment begins with a full body exfoliation to cleanse and invigorate the skin followed by a relaxing massage to melt away tension.

# BODY SLIMMING TREATMENTS

## G5 Gyrotory Mechanical & Vigorous Hand Massager

G5 is an effective treatment to target soft & hard fatty areas, cellulite, dry & rough skin texture and muscular tension.

30 minutes.....	£ 25.50
Course of 10.....	£229.50

## G5 & Vigorous Hand Massage

60 minutes.....	£ 38.00
Course of 10.....	£342.00

## Bellabaci Massage Therapy

Bellabaci massage therapy utilizes scientifically designed medical silicone cups that are hand squeezed to provide a vacuum stimulating the skin and underlying tissue. The cups are effective in treating a myriad of modern day ailments and health problems such as, spider veins, stretch marks, sport injuries, tight, sore muscles, helps with digestive disorders, better circulation, cellulite and varicose veins.

Cupping Massage (i.e. Thigh, Buttocks, Back or Abdomen) 30 mins .....	£ 23.00
Cupping Massage 1hr .....	£ 33.00
Cupping Massage Combined with G5 1hr .....	£ 38.00
Cupping Massage Combined with Body Wrap 1hr 15mins .....	£ 50.00

## Body Wrap

Instant inch loss in approximately 1hr 15 minutes.

Full Body.....	£ 44.00
Half Wrap.....	£ 33.50

# AROMATHERAPY HOT OIL MASSAGE



Traditional massage with pre-blended aromatherapy oils to wash away stress & muscular tension.

The massage can be adapted for pregnant mums or anyone intolerant to essential oils using almond or mineral oils.

**We recommend beginning any massage with Dry Body Brushing .....** **£ 9.50**  
HIS / HERS

Full Body 1hr 30 minutes .....	£ 59.50 / £ 55.00
Full Body & Face 1hr 15 minutes .....	£ 54.00 / £ 49.50
Full Body 1hr .....	£ 49.50 / £ 46.00
Back, Face, Neck, Shoulders 40 minutes.....	£ 42.00 / £ 39.00
Back, Neck, Shoulders 30 minutes.....	£ 37.00 / £ 34.00
Pure Indulgence Back Treatment 25 mins (Cleanse,Scrub,Massage).....	£ 40.00/ £ 35.00
Legs & Buttocks 30 minutes.....	£ 33.00
Additional infrared treatment.....	£ 6.50 / £ 6.50

## Warm Bamboo Massage

Enjoy this deep easing treatment, in which Bamboo Canes are heated and moved across the body using specialist techniques to stretch muscles, release tension and bring about a feeling of relaxation and calm.

	HIS / HERS
Full Body & Head Massage 1hr 15 minutes .....	£ 53.00 / £ 49.00
Full Body Massage Neck & Head 1hr .....	£ 49.50 / £ 47.00
Back Massage 40 minutes .....	£ 39.00 / £ 37.50
Back & Neck Massage 30 minutes.....	£ 36.00 / £ 33.00

# MALE SKINCARE TREATMENTS



## Catiovital Nature Homme

This revitalising facial treatment combines the effects of essential oils with the unique action of a heated mask. By opening the pores, blackheads are extracted, leaving the skin deeply cleansed, balanced and well nourished.

1hr 15 mins ..... £ 56.45

## Catiolift Nature Homme

This exclusive lifting treatment targets the face, neck and eye area for visible anti-ageing results after just one session. The Catiolift machine is designed to drain away puffiness, stimulate blood circulation and firm and tone the facial muscles.

50 mins ..... £ 56.45

## Catiovital Eye Nature Homme

This intensive treatment immediately erases dark shadows, reduces puffiness and softens lines and wrinkles. Incorporating gentle drainage with relaxing massage, the eyes appear revitalised.

30 minutes..... £ 39.95

## Aromatique Nature Homme

This hands-on facial incorporates a relaxing massage with essential oils. A deep cleansing exfoliator is used to remove surfaced dead skin cells and a mask is chosen to suit your specific skin type ensuring your skin is smooth and energised.

45 minutes..... £ 51.50

## Spécialé Nature Homme

This cleansing facial uses exfoliation and steam to extract blackheads, whilst preparing the skin for an essential oil massage and suitable mask.

45 minutes (without massage)..... £ 39.95

1hr (with massage) ..... £ 49.95

1hr (with massage & high frequency) ..... £ 51.50



# MALE WAXING

Chest..... £ 23.00

Chest & Abdomen..... £ 32.00

Full Back..... £ 31.00

Half Back..... £ 20.00

Full Back & Shoulders..... £ 39.00

Full Back, Shoulders & Upper Arms..... £ 49.00

Full Arm..... £ 27.00

Upper Arm..... £ 23.00

Lower Arm..... £ 22.00

Under Arm..... £ 11.50

Shoulders..... £ 13.00

Eyebrows..... £ 10.00

Under Eye Area..... £ 8.50

Full Leg..... £ 31.00

Half Leg..... £ 21.00

# MANICURES AND PEDICURES



**Whilst having your hand treatment we will pamper you by performing a 20 minute Upper Back, Neck and Shoulder massage.** .....

£ 12.00

## Geleration Gel Polish

Try the new revelation in Gel Polish with the new Jessica Geleration System. This soak-off gel offers strength to your nails and longevity to your manicures, looks like a perfect polish and dries instantly under LED light, therefore, no more waiting for nails to dry.

### Hands

Gel colour application .....	£ 27.00
Gel french application .....	£ 31.00
Jessica manicure and gel colour .....	£ 35.50
Jessica manicure and french colour .....	£ 40.00
Builder Gel Application (to give extra strength and to smooth out ridges).....	£ 7.00
Removal of Gel .....	£ 5.00

### Feet

Gel colour application .....	£ 27.00
Gel french application .....	£ 31.00
Jessica pedicure and gel colour .....	£ 45.00
Jessica pedicure and french colour.....	£ 50.50



## Jessica Manicures and Pedicures

The Jessica System of natural nail care is based on an approach so different; it works like nothing else can. The Jessica System and its Upscale Nail treatments and products are used and loved by some of the most famous people in the world. Zen Spa Pedicures are more than a pure luxury, they are a vital therapy for the stresses of modern life. Not only does Zen Spa deep clean and exfoliate dull & dry lifeless skin, it will renew your sense of well being.

	HIS / HERS
Jessica Manicure.....	£ 26.00 / £ 25.00
Jessica Manicure Deluxe (thermal mittens, hydrating, or cooling mask) .....	£ 30.00 / £ 29.00
Jessica Manicure Deluxe (paraffin wax).....	£ 32.50 / £ 31.50
Jessica Manicure Deluxe & le Remedi (anti ageing/hydrating treatment) .....	£ 34.50 / £ 33.50
Jessica Zen Spa Pedicure.....	£ 31.50 / £ 30.50
Jessica Zen Spa Deluxe Pedicure (thermal booties/cooling mask) .....	£ 33.50 / £ 33.50
Jessica Zen Spa Deluxe Pedicure (paraffin wax) .....	£ 36.50 / £ 35.50
Express Manicure .....	£ 19.00 / £ 18.00
Express Pedicure .....	£ 23.00 / £ 22.00
Hard Skin Removal.....	£ 21.00 / £ 19.00
Re-Polish - file & paint (Hands or Feet) .....	£ 11.50
Nail Repair .....	£ 4.00

*Please allow ample time for drying and don't forget to bring open toe shoes for pedicures. Disposable foot wear is available on request.*

# LASH TREATMENTS



## Individual Semi Permanent Lashes

Semi-permanent eyelash extensions. These will give you fabulous natural looking lashes that can last up to two months. Recommended maintenance is every 2 weeks. Suitable for everyday wear, ideal for weddings, parties, holidays and special occasions.

Full set of lash extensions .....	£ 55.00
Half Sets. ....	£ 45.00
Corner Flicks.....	£ 37.00
Lash Maintenance (Every 2 weeks) .....	£ 25.00
In salon Lash Removal* .....	£ 12.50

## Express Individual Lashes

Express Eyelash Extensions will last approximately 2 weeks with care. They require no maintenance and look extremely natural.

Full Set Eyelashes .....	£ 35.00
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## Maxim Cluster Lashes

Full Set Eyelashes (party dramatic lashes).....	£ 27.50
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## Strip Lashes

One Night Lashes .....	£ 15.00
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## Lash Lifting

Eyelash Lift (including free eyelash tint)*.....	£ 42.00
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# EYE TREATMENTS

Eyebrow tint.....	£ 9.50
Eyelash tint*.....	£ 15.50
Eyebrow & lash tint*.....	£ 22.50

## Ear Piercing

Caflon system sterile disposable studs. Ear care antiseptic lotion included.....	£ 18.50
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* Lash removal solution available .....	£ 9.50
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\* A patch test for tinting is required 24 hours prior to treatment.

# WARM STRIP WAX

Please refer to General Information for waxing aftercare (page 20)

Full leg (no Bikini) .....	£ 24.00
Full leg & bikini line (Standard).....	£ 31.50
Full leg & Brazilian (High Bikini).....	£ 36.00
Full leg & Las Vegas (Strip).....	£ 38.50
Full leg & Hollywood (Full Bikini) .....	£ 43.00
Half leg .....	£ 18.00
Three quarter leg.....	£ 20.50
Thigh.....	£ 19.00
Bikini line (standard).....	£ 13.50
Brazilian (High Bikini).....	£ 17.00
Las Vegas (Strip).....	£ 20.50
Hollywood (Full Bikini) .....	£ 23.50
Full Bottom.....	£ 13.50
Middle of bottom .....	£ 7.00
Under-arm.....	£ 10.00
Half arm.....	£ 13.50
Three quarter arm.....	£ 15.00
Full arm.....	£ 18.00
Eye brows wax / tweeze .....	£ 9.50
Lip or chin.....	£ 7.00
Lip & Below Lip.....	£ 9.00
Lip, Chin & Eyebrow.....	£ 17.50
Face Wax (inc Eyebrows) .....	£ 20.50
Sides of Face.....	£ 8.00
Full Abdomen .....	£ 13.00
Half Abdomen.....	£ 10.00
Mid Abdomen.....	£ 7.00
Chest & Abdomen.....	£ 22.00
Chest .....	£ 13.00
Full Back .....	£ 21.00
Half Back .....	£ 12.50
Lower Back .....	£ 7.50

# THREADING

Eyebrows.....	£ 9.50
Lip.....	£ 7.00
Upper Lip & Below Lip.....	£ 9.00
Below Lip.....	£ 2.50
Chin.....	£ 7.00
Lip, Chin & Eyebrows.....	£ 17.50
Lip, Chin, Eyebrows & Below Lip.....	£ 19.00
Sides of Face.....	£ 8.00
Sides of Face & Cheeks.....	£ 9.50
Neck Area.....	£ 8.50
Forehead.....	£ 8.00
Full Face (No Eyebrows).....	£ 19.00
Full Face (including Eyebrows).....	£ 22.50

**Following an eyebrow shape why not ask us for a complimentary eye brow shade.**

# Lycon precision waxing™ HOT WAX

Why choose Lycon Wax over Warm Strip Wax?

Less pain, no fear of lifting, redness or soreness, less likelihood of ingrown hairs, better for short hairs.

Standard Bikini .....	£ 17.00
Brazilian (High) .....	£ 24.00
Las Vegas (Strip) .....	£ 30.00
Hollywood (Full Monty).....	£ 32.00
Plus Mid Bottom .....	£ 5.00
Only Mid Bottom .....	£ 10.00
Underarm .....	£ 14.50
Chin Wax .....	£ 8.00
Lip Wax .....	£ 7.50
Lip + Chin .....	£ 14.00
Ears .....	£ 7.00
Ears + Nostrils .....	£ 13.00
Nostril .....	£ 7.00
Sides of Face .....	£ 10.50
Neck .....	£ 10.00
FLSW + Lycon Bikini .....	£ 37.00
FLSW + Lycon Brazilian .....	£ 45.00
FLSW + Lycon Las Vegas .....	£ 50.00
FLSW + Lycon Hollywood .....	£ 53.50

**FLSW** - Full Leg Strip Wax



**CHOOSE TWO TREATMENTS JUST £50.00**

**BODY SILK £35.00**

**FLASH FACIAL £25.00**

**CATIO EYE TREATMENT £37.95**

**INDULGENCE BACK TREAT £31.00**



## **BODY BEAUTY DAY PACKAGES**

Take a look at our beauty packages, an ideal gift for that special someone!!!  
Choose from our Bronze, Silver and Gold packages.

### **Bronze Package £85.00**

- Flash Facial
- 30 Minutes Back massage
- Express Manicure
- Express Pedicure  
(approx 1 hr 30 mins)  
*saving of £17.00*

### **Silver Package £115.45**

- Speciale Facial
- Indulgent Back Treatment
- Hopi Ear Candle
- Hand Re-varnish  
(approx 2 hrs 25 mins)  
*saving of £24.00*

### **Gold Package £128.45**

- 40 minutes Back Massage
- Kansa Facial
- Jessica Aroma Spa Pedicure
- Jessica Aroma Spa Deluxe Manicure  
(approx 3hr 40mins)  
*saving of £20.00*

## **CHILDREN'S PARTIES & HEN DAYS**

Please enquire about our special packages for children's parties and hen nights.

## **GIFT VOUCHERS**

We offer both monetary and treatment gift vouchers ideal for all special occasions including Birthdays, Mother's/Father's Day, Anniversaries, Valentine's Day and Christmas.

# GENERAL INFORMATION

## TREATMENTS

All treatment times are approximate and include preparation, consultation and relaxation. In order to make the most of your visit, please ensure that you arrive 5 minutes prior to your appointment time in order to record your needs and details.

Any late arrivals may result in having the treatment time reduced, as a courtesy to other clients whose treatment follows yours. Unfortunately reduced treatments will still be charged the full amount.

Please inform us if you are pregnant, breast feeding or suffer from any medical conditions or illnesses that may be relevant to your treatment.

## DEPOSITS

A 50% deposit of the treatment booked is required for your first appointment to the salon in order to secure your booking.

## CARD PAYMENTS

All major Credit Cards / American Express / Debit Cards accepted.

## CANCELLATIONS

Please note that we kindly request a minimum of 24 hours notice prior to your appointment for changes or cancellations to any treatments or courses booked otherwise a 50% fee will be incurred. This also applies when appointments are made with in the 24 hours.

## COMPLAINTS

Whilst we do not anticipate you will have the need to complain, in the unlikely event that there are any service issues please contact Soti Antoniou who supervises and manages the salon on a daily basis. She will make sure that your complaint is dealt with. A copy of our full complaints policy is available on request.

## HAIR EPILATION AFTERCARE

*Listed, are a few aftercare precautions we recommend you follow:*

- Avoid sunbathing, sun-beds or heat treatments and very hot baths for 36 hours (only use lukewarm water).
- Avoid swimming for 36 hours.
- Avoid friction caused by wearing tight clothing or nylon material.
- Avoid using perfumed products, such as body lotions or creams.
- Avoid using deodorant for 24 hours.
- Avoid using make-up for 24 hours.
- Avoid touching the waxed area with your hands.

## Hours of Business

<b>Mondays</b>	<b>CLOSED</b>
<b>Tuesdays</b>	<b>09.00 am – 6.00 pm</b>
<b>Wednesdays</b>	<b>09.00 am – 8.00 pm</b>
<b>Thursdays</b>	<b>09.00 am – 7.00 pm</b>
<b>Fridays</b>	<b>09.00 am – 8.00 pm</b>
<b>Saturdays</b>	<b>09.00 am – 6.00 pm</b>
<b>Sundays</b>	<b>Open on Occasion</b>

Free parking on Bourne Hill - 2 minutes walk from the salon.



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